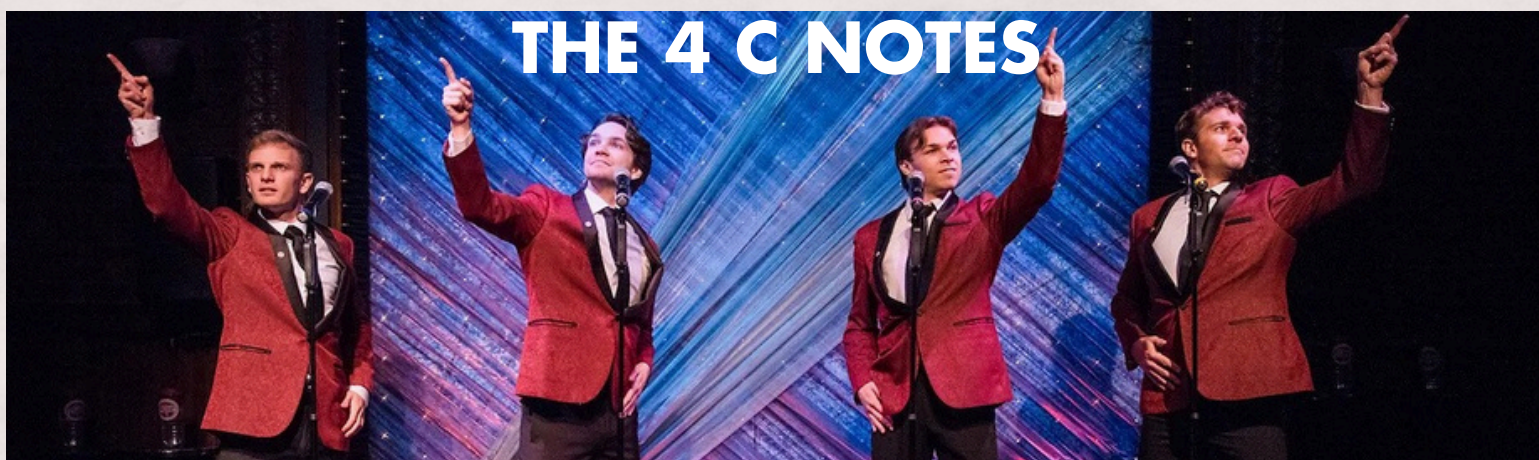


AUGUST 6, 2025

THE SHORES WEEKLY

**2025
LAKE BARRINGTON SHORES
SUMMER CONCERT SERIES**

**Friday, August 8th
6:00pm Marina Lawn**



**LIMITED PARKING. CARPOOLING / WALKING ENCOURAGED.
Please bring a chair / picnic if you wish!**



**EVENT SPONSORS:
THE BODY SHOP OF BARRINGTON
EASE IN HOME
JAMESON SOTHEBY'S INTERNATIONAL REALTY (JUDY GIBBONS)**



Did these LBS listing photos catch your eye?

They caught the buyers'.

Showcasing a home's story is my craft.
Selling it with strategy and precision is my
business.



Lake Barrington Shores Market Activity – Last 90 Days:

- 3 Active Listings
- 4 in Private Network
- 11 Under Contract
- 16 Closed Sales

I guarantee:

Powerful Photography • Creative Writing • Detailed Price
Strategizing • Artistic Staging • Technological Target
Marketing • Tenacious Negotiation

[Click Here to Contact Heidi Today.](#)



Heidi Seagren
Founding Agent • Barrington
Top Producer for 28 Years
heidiseagren@compass.com
847.306.0600

Heidi Seagren is a real estate broker affiliated with Compass, a licensed real estate broker and abides by federal, state and local Equal Housing Opportunity laws. 760 W Main St

COMPASS

LAKE BARRINGTON SHORES

MANAGEMENT OFFICE

64 Old Barn Rd. Lake Barrington, IL 60010
847-382-1660 - Phone 847-382-2731 - Fax
www.LakeBarringtonShores.org

GATE

Main Gate: 847-381-6515
Side Gates Open at 5:00am and close at midnight

EMERGENCY

After Hours Emergency (Water Leak, Sewer Backup)
847-381-6515

HOURS OF OPERATION

The Lodge at the Shores

4:30am - 9:00pm (Daily)

Management Office

Monday - Friday 8:00am - 5:00pm
Saturday 8:00am - 12:00pm

Outdoor Pool

Open Daily 4:30am - 9:00pm. ID Required.

Marina - 224-545-7462

Monday - Friday 12:00pm - 8:00pm
Saturdays / Sundays 10:00am - 8:00pm

CONTACT INFORMATION

FirstService Residential Customer Care

(24 hours / 7 days a week) 1-800-870-0010

Village of Lake Barrington

847-381-6010

Lake Barrington Countryside Park District

847-886-9071
lakebarringtoncpartkdistrict@gmail.com
www.lbcpd.org

Cuba Township

847-381-1924

Commonwealth Edison

1-800-334-7661

Comcast Customer Service

1-800-Xfinity (1-800-934-6489)
Text "On It" to 266-278
www.Xfinity.com for Live Chat
www.Xfinity.com/store to find store near you

LRS - Village of Lake Barrington

lrsrecycles.com/lakebarrington
Service Questions: 844-633-3577

Insurance Request

To Request a Certificate of Insurance
Please visit www.CondoCertificate.com

MANAGEMENT TEAM

Laura Nicolini, Executive Director

Laura.Nicolini@FSResidential.com Ext. 3008

Jamie Scheppman, Lifestyle Director

Jamie.Scheppman@FSResidential.com Ext. 3005

Regina Gay, Community Manager

for Condos 1, 2, 6, 9, 10, 13
Regina.Gay@FSResidential.com Ext. 3003

Sondra Latiolais, Community Manager

for Condos 3, 4, 5, 7, 8, 11, 12
Sondra.Latiolais@FSResidential.com Ext. 3001

Evonne Feimster, Senior Community Coordinator

Evonne.Feimster@FSresidential.com Ext. 3009

Eric Robertstad, Public Safety Chief

ERobertstad@plannedcompanies.com 847-382-1660

Tom Latta, Public Works Manager

Tom.Latta@FSResidential.com Ext. 3006

Mary Albanese, Landscape Manager

Mary.Albanese@FSResidential.com Ext. 6000

Cheryl Stencel, Receptionist

Cheryl.Stencel@FSResidential.com Ext. 3000

Joel Montemayor, Maintenance Manager

Joel.Montemayor@FSResidential.com

To follow up or check the status of a work order request please email: workorder@lbs-hoa.org

Landscape Questions

landscape@lbs-hoa.org

General Questions

info@lbs-hoa.org





ESTABLISHED 1984

ROSE CUSTOM KITCHENS & BATHS



EXPERIENCE. INNOVATION. SOLUTIONS

- Full Service Kitchen & Bath Remodeling
- Extensive Selection of Quality Cabinets and Countertops for All Budgets
- FREE In-Home Consultation
- Customer Service You Deserve from Concept to Completion
- Locally Owned & Operated by LBS Resident



10% Off

Full Kitchen or Bath Remodel



ROSE CUSTOM KITCHENS & BATHS

Offer only valid with purchase of a full kitchen or bath remodel. Offer cannot be used with any other offer or advertisement.

847-816-7766 | www.rosecustom.com

LBS - Own Ride Service

Airports-Local Area-The Loop

Reliable Relaxing Reasonable

*Over 2,100 Rides
For LBS Residents!*

Riding with Denny is such a pleasure! He is a Punctual, Efficient and Safe driver whose rates are Reasonable. The rides are Interesting and Fun! Having a nice neighbor offering this great service is Fantastic!



Kathy & Rob Blancett
510 Shoreline



Call or Text 630.207.1144

**Tell your visitors & delivery
services to check in at the
Main Gate**

**24268 IL Rte 59
Lake Barrington**



Scan the QR code for a guide on
"Visiting Lake Barrington Shores"


Summer Makes LBS Lush & Breezy

**WE MAKE PAINTING
YOUR HOME NICE & EASY**



**MARIO'S
PAINTING
COMPANY**

Your Lake Barrington Shores
Neighborhood Painter

 **(847) 997-6607**

 **contact@mariopaints.com**

mariopaints.com

LBS BEACH PARTY RESERVATIONS

RESERVATIONS CAN TAKE PLACE
FROM MAY 24 - SEPTEMBER 28

Beach Party Guidelines

- Only one beach party can be booked per day. Parties can never take over the entire beach. There will be a maximum of 35 people per party.
- Three picnic tables and one of the grills are included with your beach rental.
- The Beach must be kept clean. Final cleanup must have all waste contained in plastic bags and deposited in the proper receptacle provided.
- A refundable deposit of \$100 is required at time of sign-up. Should additional cleanup be required, those costs will be taken from that deposit. Any unused remaining balance will be refunded, and any costs above \$100 will be assessed to the unit owner's account.

Questions?

Jamie.Scheppman@FSResidential.com

PAPER SHREDDING & ELECTRONIC RECYCLING

Saturday, September 20th

8:30am - 11:30am

Lake Barrington Shores - located between the Miller Road Entrance & Warming Hut, across from The Lodge

Bring in your documents for **FREE SHREDDING**

If possible, please bring your items in a paper bag, which helps speed up the process. This event is for person, not business shredding.

FREE ELECTRONIC RECYCLING

Computers and Peripherals: Desktop PCs/Servers, Monitors (Flat Screen only. CRTs are not accepted), Computer Mice, Cables & Accessories, Laptops, Hard Drives, Computer Power Supplies, Computer Peripherals, Gaming Devices, Keyboards, Network Devices, Circuit Boards/Cards, Media Speakers.

Office and Telecomm Equipment: Copiers, Fax Machines, Video & Audio Equipment (CRTs are not accepted), PBX Systems, Projection Equipment, Printers, Plotters, Security Equipment, Receivers & Transmitters.

Mobile Devices: Cell Phones/Smartphones, Tablets, Personal Digital Assistants, Gaming Devices, MP3 Players, Cameras.

Data Center Equipment: Servers, Power Distribution Units, Mainframe Computer Equipment, Motor Generator Sets, Server Racks.

Cable Equipment: Cable Boxes (analog, digital, satellite)

Sponsored by Community Affairs Commission in partnership with Cuba Township Road District

PONTOON BOAT RENTALS



Available Daily
5/24 - 9/1

4:00pm, 5:00pm, 6:00pm, & 7:00pm

Available Saturdays & Sundays
9/6 - 9/28

4:00pm, 5:00pm, & 6:00pm

\$30 / Hour

Payment accepted online with credit card

SCAN TO SCHEDULE
YOUR RIDE!



LBS BUS TRIP

CADILLAC PALACE THEATRE (CHICAGO)

WEDNESDAY, OCTOBER 15TH

CHARTER BUS DEPARTS LBS AT 9:00AM.

SHOW IS AT 1:00PM

GUESTS ARE WELCOME!

Meal is not included but attendees will have an opportunity to choose a restaurant and dine prior to the show.

\$135 per person
(includes ticket + charter bus transportation)

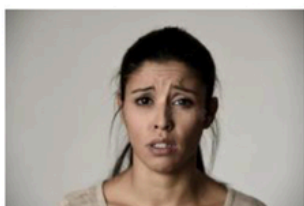


LAKE CENTENNIAL COMMITTEE

100
Years

Celebrating 100 years of the lake, Lake Barrington

Kayaking



Having a hard day? Problems bothering you? Are you all wound up and can't relax? The solution is right out your window, back door or down the street!

Try kayaking!!

Once you get out on beautiful Lake Barrington you will see our community from a new perspective and leave your problems behind.

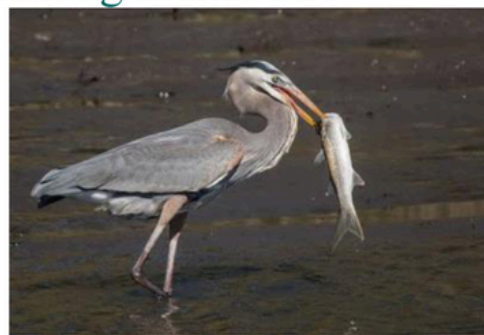
The water is smooth and the current is gentle. The scenery is stunning and you can enjoy the beautiful gardens around our homes as well as the awesome blooming native plants along the shoreline.



You may see a few blue damselflies hunting mosquitoes, establishing their territory, and mating in mid-air!

You'll probably see close-up the gorgeous king of the shoreline, the Great Blue

Heron, as he silently scouts his prey. Additionally, you may see Kingfishers, deer, bullfrogs, and many more species of wildlife.



One thing you will not see is lots of humans - they're at the pool! But you can bring one along if you like!

Do you think kayaking is hard?

Kayaking (continued from previous page)

Kayaking is about the easiest sport you could imagine. If you can move your arms, you can wield a kayak paddle. It's not heavy, and you can row as much or as little as you like. The seating is quite comfortable. Our new kayaks are easy to get in and out of because there is no "bucket" seat, you just sit on top! Our excellent marina attendants will help push you out onto the water and pull you onto the shore when you come in. They will also give you a crash course on paddling if you like. Once you are on the water you can stay close to the shore and look for monarchs on the milkweed, or go as far out into the lake as you feel comfortable doing. You can lay back, gaze and let your mind soak it all in washing your cares away. If you don't swim, don't worry -you will have a life jacket. Think it's too hot? - Don't worry, you will be cooler out on the lake than anywhere else except the air-conditioning. You will want sunscreen of course, a hat, maybe binoculars or your phone, and water. That's all you need! If you haven't kayaked our lake yet give it a try! Enjoy and LOVE OUR LAKE up close and personal.



Scan this QR code to see
the short video "Bird
Watching Outdoors
2023-2025" submitted
by Bob Luber



LOVE OUR LAKE



Lake Centennial Celebration

What I love about the lake is the diversity of birds it draws, especially in the spring when the beautiful and unusual Mergansers and Buffleheads come to visit. What do YOU love about our lake? Please share your Love the Lake testimonial by email to Jamie for publication in an upcoming issue of Shores Weekly. jamie.scheppman@fsresidential.com

LAKE BARRINGTON SHORES *Kindness Grows Here*

How Kindness Is Helping the Environment

In a world facing environmental challenges like climate change and pollution, acts of kindness are quietly making a difference. Everyday people are showing that caring for the planet is also an act of compassion.

Take, for example, the Conservators who gather to preserve, protect and restore our native areas while eliminating invasive species in the adjacent forest preserve. They do it not for recognition, but because they care. In doing so, they create cleaner, healthier spaces for everyone — including future generations.

And what about the Gardeners of the Shores, who are currently removing invasive plants and upgrading Lake Barrington Shores' Butterfly Garden. They also offer presentations and tours that enlighten all of us so we can appreciate the vegetation and, especially, the natives that reside here in LBS.

Of course, we can't forget the Lake Centennial Committee who keeps us apprised of the history of the beating heart of LBS, Lake Barrington, which provides native plants along its shores that furnish nourishment for pollinators, birds and animals.

We must include the Bird and Butterfly Club who remind us to plant and take care of natives in order to sustain our wildlife.

These acts may seem small, but they ripple outward. They inspire others, protect wildlife, and remind us all that kindness — especially toward the planet — matters.

Maria Rapata
Jean Pluta



Community Corner

MASTER BOARD MEETING SCHEDULE

Work sessions take place at 9:00am.
Meetings take place at 7:00pm unless noted. When deemed necessary by the Board of Directors, meetings will be hosted by Zoom. Otherwise meetings will be held at the Lodge at the Shores, 64 Old Barn Road.

August 9th: Work Session
August 13th: Master Board Meeting
September 6th: Work Session
September 10th: Master Board Meeting



LBS GOLF CLUB

40 Shoreline Rd. Lake Barrington, IL 60010
847-382-4240
www.golflakebarrington.com

Dominic Flood, General Manager
dflood@golflakebarrington.com

Elizabeth Holby, Membership Director
elizabeth@golflakebarrington.com

Bar Hours
Wednesday - Sunday
11:00am-9:00pm

Kitchen Hours
Wednesday - Sunday
12:00pm-8:00pm



UPCOMING EVENTS

Concert in the Park: The Four C Notes

Friday, August 8th at 6:00pm
Marina Lawn

Living Your Best at LBS:

Titanic Survivor Violet Jessop

Wednesday, September 3rd at 9:30am
Lodge - Ballroom

Lake Centennial Celebration

Saturday, September 13th (Time TBD)
Beach

New Neighbor Mixer

Thursday, September 18th from 5:30pm - 7:00pm
Lodge - Fireside Lounge / Club Room

Shredding / Electronic Recycling

Saturday, September 20th from 8:30am - 11:30am
Lodge - Parking Lot

Lion King Bus Trip

Wednesday, October 15th - Depart LBS at 9:00am
Chicago

Haunted Hike

Friday, October 17th
5:00 - 5:45pm - Family Trick or Treat
6:30 - 7:30pm - Haunted Hike
LBS Forest Preserve

Halloween Party (presented by Social Club)

Friday, October 31st - Time TBD
Lodge

Holiday Arts & Gift Show

Friday, November 7th from 5:00pm - 8:00pm
Saturday, November 8th from 10:00am - 2:00pm
Lodge - Entire Upper Level

Veterans Day Ceremony

Tuesday, November 11th at 11:00am
Lodge - Ballroom

Living Your Best: Just Jane (A Visit with Jane Austen)

Tuesday, December 2nd at 9:30am
Lodge - Ballroom

Community Corner

PRETTY AS A PICTURE



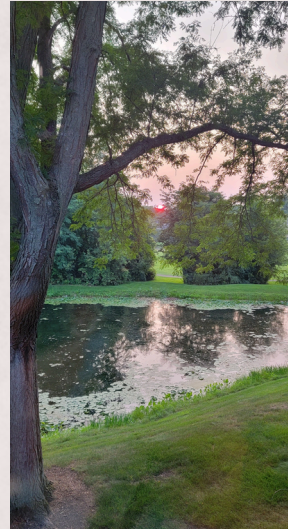
Randall Rigby



Valerie Russell



Tom Powers



Valerie Russell

AI / TECH PROGRAM

Special thank you to VivaValet for coming out to Lake Barrington Shores to present an informative program on all things AI and tech related to our residents.

To learn more please see their information on page 34 of this issue.



ALL ASPHALT COURTS - SHUTDOWN FOR MAINTENANCE

All asphalt courts (tennis, pickleball, basketball, shuffleboard) and surrounding area are currently shut down for scheduled maintenance. The maintenance includes asphalt crack filling, resurfacing, color coating and lining.

The courts cannot be used during this time. When the courts are ready and available to be used we will post notice here. Thank you for your patience and understanding.

Community Corner

YO MAMA!

This space devoted to tips and info to help Mother Earth, desperately in need of our TLC



Go With Glass!

Choosing glass over plastic has many virtues. The most obvious of course is reducing our dependency on plastic, one of the most destructive substances that harm our environment and our bodies.

It takes hundreds of years to decompose. Ingesting food or water packaged within plastic leaches many harmful substances that we ingest.

So, let's think about a switch to glass. Glass doesn't leach harmful chemicals into foods. It is reusable. It can be recycled time and time again. Here are a couple easy ideas that I am working on in my own life.

- Buy glass storage containers for leftovers you store in the fridge. Check Amazon and search glass storage containers with lids. There are many to choose from. I have a set of 8 from Costco. Also check Target, TJ Maxx and Walmart. They all carry many varieties.
- Buy food in glass jars or containers over plastic when grocery shopping. You can find pickles, jams, jellies, condiments, BBQ and other sauces packaged in glass jars. One is not necessarily more expensive than the other.
- Recycle your glass wisely so it actually DOES get recycled. Rinse out residues and place directly into your recycle bin. Do not place in a plastic garbage bag!
- When attending potlucks or taking something for a meal somewhere bring a lovely platter rather than a plastic tray that will, most likely, get trashed at the end of the event.

Pick just one of the above this week and give it a try. Yo Mama will thank you for that!

Questions, comments, suggestions:
janeander@comcast.net



Community Corner

OUTDOOR POOL

The Outdoor Pool is OPEN FOR THE SEASON!

The Outdoor Pool is open daily from 4:30am - 9:00pm.

- You **must** have a valid LBS ID card to access the outdoor pool. Those without a LBS ID card will be turned away.
- Guests **must** be accompanied by LBS residents. Guests may not use a resident's ID card, they will be turned away.
- Children under age 16 **must** have an adult with them for the entire duration of their time at the pool.
- No food or drinks (other than water) are allowed on the pool deck. You may utilize the patio adjacent to the pool for eating and drinking.
- Guests are permitted to bring 4 guests each time they visit the pool. In addition to the 4 guests you are allocated 10 additional guest passes to be used throughout the year. These can be accessed when you check in with the pool attendant.
- Floats are not permitted at the pool, with the exception of personal floatation devices and "noodle" type floating devices.
- For a complete list of pool rules please see pages 33 - 36 in the rule book.

The Outdoor Pool is NOT guarded by lifeguards and is SWIM AT YOUR OWN RISK.

MARINA AND BEACH

The Marina & Beach are OPEN FOR THE SEASON!

The Marina is staffed Monday - Friday from 12:00pm - 8:00pm and

Saturdays / Sundays / Holidays from 10:00am - 8:00pm

Marina: 224-545-7462 (during open hours)

- You may check out a row boat or kayak at the Main Gate between sunrise - 12:00pm (weekdays) and sunrise - 10:00am (weekends and holidays). You will need your LBS ID card.
- Free Rides are offered on the Pontoon Boat Monday - Friday at 1:00pm and 2:00pm and on weekends / holidays at 11:00am, 12:00pm, 1:00pm, and 2:00pm. This schedule may be adjusted on Sundays when a Sailing Race is scheduled. All Sailing Races will be listed on the monthly calendar included in "The Shores Weekly".
- All swimmers must swim in the designated swim area.
- Fishing should only be done from the pier side and is not permitted from the beach side
- No Dogs Allowed at the Beach
- For a complete list of marina / beach rules please see pages 38-43 in the rule book.

The Lake is NOT guarded by lifeguards and is SWIM AT YOUR OWN RISK.



Community Corner

AC CHECK

What you can do yourself

Before you call a technician to service your system, cross these tasks off your maintenance to-do list.

- Clean what you can
- Clean or replace any filters inside your system's indoor unit. Also, clear away any dirt, leaves, and debris from your system's outdoor unit.
- Pro tip: Keep plants, weeds, shrubs, and other vegetation at least 18 inches away from your outdoor unit to avoid debris buildup.
- Watch out for leaks
- Check for leaks or holes in your system's ductwork, evaporator coil, or cabinet (the outside "shell" of your unit that holds all the parts inside together).
- Keep your ears open
- Listen closely for any strange noises when your system starts. If you hear any, call a technician to inspect the problem more closely.
- Perform a smell test
- Take note of any suspicious or unusual odors when your system starts. If you smell anything strange, call a technician to identify the issue.
- Keep your vents clear
- Make sure you move any furniture, drapes, rugs, etc. that could be blocking your supply and return vents.

When to call a technician

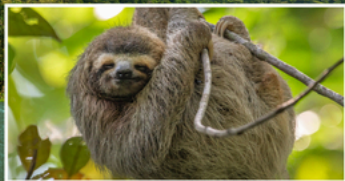
There are some situations only a professional should handle. Here's when you need to call in an expert.

- Your energy bills keep rising
- If your utility bills increase but your overall usage remains the same, one or more components of your system may not be working as they should.
- Your comfort isn't consistent
- If your air conditioner, furnace or other HVAC system can't maintain consistent temperatures, a technician is the best person to investigate the issue.
- Your unit's fins are damaged
- Bent or damaged fins on your air conditioner or heat pump's outdoor unit can trap heat inside your unit, causing performance and temperature issues.
- Your unit takes on a lot of water
- Excessive water, such as from a flood, can seriously damage your unit's electrical systems. If you suspect that your unit's mechanical equipment might have water damage, do not attempt to resolve the issue yourself. Call a technician. Electrical problems are potentially life-threatening and should only be handled by a professional.

COSTA RICA



**A land of stunning natural beauty
and amazing wildlife**
Jan. 30 -Feb. 6, 2026



8 days, 14 meals

- Overnight in San José
- Three nights overlooking the awe-inspiring Arenal Volcano
- Dining experience on a local farm
- Three nights in Manuel Antonio
- Tour the Manuel Antonio National Park and Caño Negro Wildlife Refuge
- Visit a coffee estate and cacao plantation for tastings and demonstrations



Special Savings!
Save \$100 per person

FOR MORE INFORMATION CONTACT LBS RESIDENT Joe Chaloka
630.673.9651 dreamdestinations.joe@gmail.com

ICELAND



LAND OF FIRE AND ICE
July 8 -14, 2026

7 days, 7 meals

- Guided tour of Reykjavik
- Experience a full-day adventure of volcanoes, waterfalls, and other natural wonders
- Discover Reykjanes Peninsula and its geothermal activity
- Relax in the Blue Lagoon
- See Thingvellir National Park, the "Geysir", and more



Free Airfare!

Round-trip from select cities. At home pickup and airport transfers included when air provided by Mayflower

FOR MORE INFORMATION CONTACT LBS RESIDENT Joe Chaloka
630.673.9651 dreamdestinations.joe@gmail.com

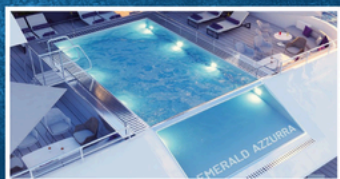
CARIBBEAN YACHTING

Hideaways



San Juan to St. John's
February 28 - March 7, 2026

Culebra Island - US Virgin Islands
British Virgin Islands - Saint Martin
Saint Barthelemy - Montserrat
Antigua & Barbuda



Luxurious Emerald Superyacht

Special Savings!

FREE AIRFARE

when you pay in full at time
of booking

FOR MORE INFORMATION CONTACT LBS RESIDENT Joe Chaloka
630.673.9651 dreamdestinations.joe@gmail.com

ALBUQUERQUE BALLOON FIESTA



**FEATURING SANTA FE AND PECOS
NATIONAL HISTORIC PARK**

Dazzling during the day, the spectacle of hundreds of hot air balloons is even better when they light up at dawn and dusk. See these amazing displays, explore early Pueblo life and enjoy the artists of Santa Fe.

October 3 - 8, 2025
6 DAYS • 8 MEALS



FOR MORE INFORMATION CONTACT LBS RESIDENT Joe Chaloka
630.673.9651 dreamdestinations.joe@gmail.com

FITNESS CLASSES

YOGA

with Pam Wilhelm, 500 RYT

Classes at the Lodge

Chair Yoga: Wednesdays @ 3:30 – 4:30pm

Yoga/ Yoga Flow: Wednesdays @ 5:00 – 6:10pm

Fee \$ 10.00/class

4 students minimum. Please text Pam if you plan on attending 847-612-4568

Private session by appointment \$75/ hour

Live Online Yoga in the comfort of your own home

Light Yoga: Monday through Friday

@10:00 – 11:00am CST

Yoga/ Yoga Flow: Monday, Tuesday, Thursday from 5:30 – 6:30pm CST

Yoga: Saturday @ 9:00am CST

Fee \$5.00/class

Contact: Pam Wilhelm @ 847-612-4568 or
pwilhelm78@yahoo.com

ZUMBA

Additional class added on Tuesdays at 9:30am

Zumba is one of the most popular group exercise programs. It is geared toward any fitness level and routines are built over time. Good coordination is not a requirement. The goal is to just keep moving. There are many benefits from participating in a Zumba class:

- Aerobic benefits - maximizes your cardiac health, increases metabolism and lowers blood pressure
- Low Impact- easy on the joints
- Increases balance, stability and agility
- Keeps your brain sharp
- Boosts emotional health
- Weight management-burn 300-600 calories

Come and give Zumba a try. Zumba is held on Tuesdays and Fridays at 9:30am. Classes are held in the ballroom. The cost is \$10 per class or \$50 for 6 classes. For info. Contact Chris at clueders001@gmail.com.



YOGA

Tuesday evening- Gentle/Restorative Yoga
5:15pm - 6:15pm

For more information, please email Anita at:
anitamaher@sbcglobal.net

TAI CHI

Saturdays at 8:00am - Lodge Ballroom or Virtual

[https://us06web.zoom.us/j/7659307822?](https://us06web.zoom.us/j/7659307822?pwd=Pf0yCad0FUqhPA5F7BpJ8GKh6iM4Pt.1)

[pwd=Pf0yCad0FUqhPA5F7BpJ8GKh6iM4Pt.1](https://us06web.zoom.us/j/7659307822?pwd=Pf0yCad0FUqhPA5F7BpJ8GKh6iM4Pt.1)

CHAIR YOGA

Thursday mornings

9:30am-10:30am, Lodge Ballroom

For more information, please email Kathy at
kagudonis@gmail.com

WATER AEROBICS

Instructor Led classes

M,W,F mornings 8:00am-9:00am

Indoor pool at the Lodge September-Memorial Day

Outdoor Pool Memorial Day-pool closing.

Questions: contact Abby Nellans at

anellans@comcast.net or at 847-345-5664

MAT PILATES

Come and give Mat Pilates a try. Classes are held in the ballroom on Fridays from 10:30am - 11:30am. The cost is \$10 per class or \$50 for 6 classes. For information please contact Chris at clueders001@gmail.com.

CHARTER CLUB UPDATES



LAKE BARRINGTON SHORES TENNIS ASSOCIATION

Congratulations to this weekend's winners!

Team Trusk
Jeff and Jenny



Thank you to this week's tournament directors! They did a great job organizing the day despite not being able to use four of the courts that are being resurfaced. Fun tennis and a tasty meal!

Wayne and Diane Riendeau and Tina Truskowski



The next tournament is on Saturday, August 9 at 9:00.

Make sure to sign up by Thursday at 5:00 if you're planning to attend.

If you are interested in joining the tennis association, you can contact us at LBSTA2024@gmail.com for additional information.

Weekday Play (Weather permitting)

Drop-in Tennis- Tuesday and Thursday mornings and evenings. 9:00 a.m. and 5:00 p.m.

Weekend Play

Tennis events are planned for each weekend during the tennis season, weather permitting. You must sign up for each event by the Thursday before the tournament. You will receive an email at the beginning of each week and need to sign up using the form included. Someone is available to help you navigate this sign-up.

CHARTER CLUB UPDATES

 Lake Barrington Shores

Bird & Butterfly Club



**The next meeting of the
BIRD & BUTTERFLY CLUB
will be WEDNESDAY AUGUST 20 at
10:00 am in the
Club Room of the Lodge
All LBS residents are invited to join
at anytime - NO dues or obligation!**

LOVE OUR LAKE



Lake Centennial Celebration

I LOVE OUR LAKE because

**"It makes LBS a stay-at-home
vacation resort!"**

Thank you Judie from Condo #10

Tell us why **you** LOVE OUR LAKE

Send your response to Jamie at Jamie.Schepman@fsresidential.com

CALLING ALL BRIDGE PLAYERS!!! ♣ ♦ ♥ ♠

We have room at the table(s) for intermediate/beginner players. We play Contract Bridge with lots of table talk. We are a friendly group. Please join us! 12:45-3:00 Monday afternoon in the Fireside Room at the Lodge. Call Abby Nellans - — 847-345-5664 or email awnellans88@gmail.com or Shirley Bossard —847-363-2907 with questions or just show up.

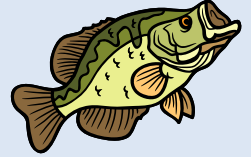
CHARTER CLUB UPDATES

MEN'S BRIDGE NOW OPEN FOR ADDITIONAL PLAYERS!

Are you an LBS man who wants to have a fun time and has experience playing bridge? Then join us some or every Tuesday in the Lodge card room from 1:00 to 4:00pm! Just contact Steve Kramer at stevek2u@gmail.com or 630-621-5217 (cell) for a seat.

FISHING CLUB

Fishermen interested in being a member of Lake Barrington Shores fishing club contact Steve Rapata at lbsanglers@gmail.com



THE CONSERVATORS

Preserving, Protecting and Restoring native areas

Join us in our forest preserve eliminating invasive species at 9:00 on Monday mornings. We'll meet at the Old Barn entrance to the forest preserve. Call Ann at 847-714-5228 or email her at golda57@hotmail.com for details.



Come and learn about restoration and be a part of this amazing process. You'll be glad you did.

LBS LADIES BOWLING

Ladies, we're looking ahead to organize for Fall and Winter fun! We're an easy-going, no pressure, fun league. Beginners and pro bowlers and anything in between are wanted to fill out our roster. We meet Thursday mornings at 9:30, starting in October through March At 3-D Bowl, Island Lake Come solo and we'll match you with great people, or Join with friends and play as a team of three. Join us!! Contact Phyllis, phahn1031@yahoo.com



READY FOR SOME FUN?

Come be a part of our Hand and Foot/Canasta card group! No experience needed - We'll teach you everything you need to know. Just bring yourself, a dollar, and get ready to enjoy laughs, new friends, and great times. **All are welcome!**

We meet every Thursday at 2:00 pm in the Fireside Lounge. If interested, contact Mary at mkanpass2360@gmail.com

CHARTER CLUB UPDATES

"Gardening is the art that uses flowers & plants as paint, and the soil and sky as canvas" - Elizabeth Murray



August Gots

Presentation and



LBS Natives Tour

Enhancing Our Green Spaces: Natural Area Maintenance

As residents of Lake Barrington Shores, we are privileged to live among beautiful green spaces that add value to our surroundings, promote biodiversity, and offer peaceful retreats for relaxation and recreation. These areas, often referred to as **natural landscapes**, are more than just aesthetic features—they are vital ecosystems that support a variety of native plants, wildlife, and beneficial environmental processes. Proper **Natural Area Maintenance** (or **Ecological Landscape Management**, as it is sometimes

Gardeners of the Shores has invited Sarah Voska of Bluestem Ecological Services to talk about the history of the land so you will see how it affects our beautiful property. We hope you will join us for this presentation followed by a short, guided walk along a shoreline path on August 13 at 10:00 am in the Lodge Ballroom. There is no charge, but we do ask you to dress for the weather and wear comfortable shoes, a hat, and sunglasses. (There will be a little surprise sampling at the end of our walk.)



called) is essential for preserving these spaces and ensuring that they continue to thrive.

Natural Area Maintenance is more than just keeping our green spaces tidy. It's about fostering a thriving, sustainable environment that benefits both nature and the community. Through mindful, eco-friendly management practices, we can all contribute to maintaining the natural beauty and ecological health of our shared spaces for years to come. It is important for all of us to understand the role native plantings play in sustaining wildlife and pollinators.

A little background

Bluestem Ecological Services is a sustainable company that builds, restores and maintains native ecosystems. Their goal is to bring elements of the original Midwest landscape back to its natural state. They develop partnerships based on a balance of people, the environment, and economic value with a mission to develop native ecosystems through sustainable land management partnerships that will last for generations. Bluestem is the Native Landscape Contractor for LBS from 2024-2028.

CHARTER CLUB UPDATES

Gardeners of the Shores, con't.

A little background, con't.

Sarah Voska grew up living in Tower Lakes and visiting her grandparents in LBS, biking around the lake, and going for walks through the forest preserve. She was an intern at Citizens for Conservation while finishing a degree in Sustainable Management from the University of Wisconsin-Parkside. Sarah has worked extensively in climate change and environmental education – volunteering with organizations including the Tower Lakes Lake Committee, US Representative Laura Underwood's Science Advisory Committee, the UN Decade on Ecosystem Restoration Youth Task Force, and Gateway Technical College's Horticulture Advisory Committee.

Gardeners of the Shores Butterfly Garden

Did you know LBS has a Butterfly Garden? Do you know where it is?



The Gardeners of the Shores Butterfly Garden is located adjacent to the marina and across from the Veteran's garden and is desperately in need of some TLC. There is a dedication plaque with the garden name to help you identify it.

With the help of the Birds and Butterfly Club, the Conservators, and the LBS Landscape Manager we have compiled the list below showing the steps we will need to take to bring the Butterfly Garden to an attractive and sustainable space to be enjoyed by all LBS residents and guests:

- Remove the golden rod that has taken over much of the garden
- Replenish natives, and
- Add annuals, such as zinnias, cosmos, lantana, that are nectar rich and attractive to butterflies

We are going to need the help of all interested residents and are asking you to throw your hat in and give a hand with:

LABOR: If you or anyone you know (friend, husband, wife, etc.) can dig, weed, or water, please contact MariaRapata@gmail.com, and/or

FINANCING: If you can help with a financial contribution, please donate. Even a small amount will go a long way to pay for soaker hoses, sprinklers, compost, seeds and plants. These donations will be handled through a separate fund set up by Gardeners of the Shores to accommodate this endeavor.

The Gardeners of the Shores are excited to bring the pollinators and butterflies back in abundance and thank you in advance for any help you can give us to make this a treasured community garden.

A little background for those who want to know how the Butterfly Garden came about:

A few years back, the Gardeners of the Shores Garden Club requested a patch of land to establish a Butterfly Garden and to dedicate it to Helen Horton, the first Landscape Committee Chairperson and President of Gardeners of the

CHARTER CLUB UPDATES

Gardeners of the Shores, con't

Butterfly background, con't.

Shores. The Master Board voted and unanimously granted the request. For many years members volunteered to water and care for the garden, however at this time the garden has only one caretaker who really needs some assistance.



2025 Calendar of Events

Aug 13—Bluestem Native Plant Area Tour of LBS—A free community event open to all

Sept 19 General Membership Meeting—Open to all

Oct 16—Desertscape Terrarium Workshop

Nov—Cantigny Holiday Lights

December 12— Annual Members' Holiday Party

January—General Membership 2026 Kick-off Meeting—Open to all



Membership

Not a member? Have you noticed many of the outings and events of Gardeners of the Shores are for members only? We don't want you to miss out!

To renew or become a member of Gardeners of the Shores and enjoy the benefits of membership and the camaraderie of your LBS neighbors who love the beauty of nature, please send or deliver your \$25 annual dues and new member membership form (see link below) to:

**Sandy Penfield, Membership Chairman, Gardeners of the Shores
695 C Shoreline Dr.**

Or email request for membership form to: gardenersoftheshores@gmail.com

For our online new member membership form click here: [Membership Form](#)



Don't forget to visit us on Facebook where you will find additional pictures and other items of gardener interest.

SHORESMEN

JULY 30 RESULTS

July 16:

GAME: TEAM LOW NET Dan Saunders, Jim Meyer \$10 EACH

1ST PLACE SCORE TIED AT 59: Jimbo Kunkel, Greg Smith \$10 EACH

CHARTER CLUB UPDATES



Sailing Events

Saturday, August 9 at 12:30 PM

The Lake Barrington Shores Sailing Association offers free *LEARN-TO-SAIL* instructions to LBS residents over 16 every Saturday through August 30, at 12:30 PM.

Meet us at the marina. Bring your LBS ID & Learn to Sail with us.

Note: When sailing, always wear your Personal Flotation Device (Life vest).

This past weekend's "Pirate Beach Party"



Our next Sailing Regatta is Sunday, August 17 at 1 PM

CHARTER CLUB UPDATES

NATIVE PRAIRIE AND NATIVE PLANTS

BLUESTEM PRESENTATION AND LBS TOUR



AUGUST 13 • 10:00 AM

LBS Lodge Ballroom

Following the presentation, join us for a guided tour of the LBS native prairie areas.

Please dress for the weather. Cost-FREE

All LBS residents and guests are welcome!

CHARTER CLUB UPDATES



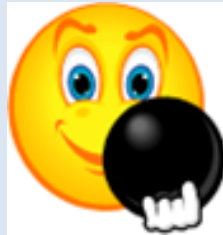
“WE WILL NEVER FORGET”

THE VETERANS OF LAKE
BARRINGTON SHORES INVITE ALL
LBS RESIDENTS TO OUR
2025 9/11 CEREMONY

8:15AM

THURSDAY, SEPTEMBER 11TH
LAKE BARRINGTON SHORES
MEMORIAL GARDEN

GOD BLESS AMERICA



LBS HIGH ROLLERS

LBS High Rollers Bowling League brings our LBS Community together year after year. Whether you're a seasoned bowler or a newcomer, this season again promises great fun and friendly rivalry.

Newcomers and returning players alike are encouraged to register early and join the LBS High Rollers action at 3-D Bowl - held every other Sunday at 1pm for 15 weeks starting in October. Detailed bowling schedule and sign-up info. will be sent out next week, week of 08/11/25.

So dust off your bowling shoes and bowling balls and join the fun!
For more info. contact Alice Griffin, Treasurer LBS High Rollers at REDandBLK@aol.com
or call/text at 708-370-9657.

CHARTER CLUB UPDATES

TRIPLE PLAY / CANASTA

If you're looking for an easy, fun game to play (will teach if needed), please join us. We are a friendly drop in group that meets every Friday from 9:30am to 12 noon in the card room at The Lodge.

There is no sign up. Join us when you can.

Questions: call Martie 847-601-7994 or Ginny 847-921-1638

100TH ANNIVERSARY INFORMATIONAL LAKE TOURS

Sponsored by the LBS Forest Preserve Conservators

When: Regular free afternoon pontoon boat times

- Thursday, August 21

Talk about:

- History of the lake & the area
- Ecology & management of the lake
- Trees & plant identification & their importance
- Forest Preserve
- Other special areas on the lake

Participation in discussion welcome!



WATER AEROBICS

We're Outside! Also we will have a First Friday Coffee after class every Friday. Come for the Instructor led workout focusing on heart rate, core toning and balance. No change in our "first class free" deal or the \$5/class -\$25/year equipment fee. Come join us every MWF 8:00-9:00 a.m. Just show up or contact Abby Nellans at awnellans88@gmail.com or 847-345-5664.

LBS BOOK CLUB

2025 LBS BOOK CLUB SELECTIONS

1st Monday of the month. 10:00. Fireplace Room. ALL welcome.
No commitment. Books selected by participants.

Sept 1st THE CHANCELLOR, Kati Marton, 303p. Bio.

Oct 6th THE POET X, Elizabeth Acevedo, 368p, F.

Nov 3rd THE WIDE, WIDE SEA, Hampton Sides, 432, NF.

Dec 1st WEST WITH GIRAFFES, Lynda Rutledge, HF, 346p.



CHARTER CLUB UPDATES



Help Restore the Gardeners of the Shores' Butterfly Garden!



**Help bring back the
pollinators and butterflies!**

We Need Volunteers for the following:

LABOR: Can you or a friend, spouse, or neighbors dig, water, or weed? We need help to:

- Remove invasive goldenrod
- Replant natives: butterfly weed, swamp milkweed, coneflowers and black-eyed susans
- Add nectar-rich annuals: zinnias, cosmos, lantana

FINANCING: Every contribution counts! Funds will cover soaker hoses, compost, seeds, plants, and sprinklers

DEVELOPMENT: Help build the Butterfly Garden Consortium, a small group to:

- Organize watering protocols
- Brainstorm fundraising ideas
- Write articles for *Shores Weekly* and local papers in coordination with MaryEllen Kuehl, our Publicity Director
- Coordinate annual butterfly garden field trips with Dara Saunders, our Program Director



**Text Maria Rapata if you wish to
become a part of this worthwhile
endeavor**

CHARTER CLUB UPDATES



VETERANS OF LBS

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Veterans of Lake Barrington Shores



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The Veterans of LBS is a 501(c)(19) organization. Your Annin Flag Kit is tax deductible.

Veterans of LBS P.O. Box 202, Barrington, IL 60010-0202. www.veteransoflbs.com



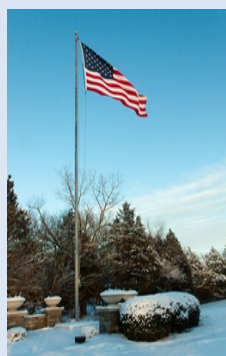
VETERANS of LBS

VETERANS OF LBS MEMORIAL GARDEN

THE VETERANS OF LBS MEMORIAL GARDEN, WITH ITS TOWERING AMERICAN FLAG, SEASONAL FLOWERS AND PLANTINGS, HONORS LBS MILITARY VETERANS, LIVING AND DECEASED, FOR THEIR SERVICE. THINK ABOUT YOUR MILITARY FAMILY MEMBERS: A

MEMORIAL STONE

IS AN APPROPRIATE WAY TO REMEMBER THEIR SERVICE. ORDER FORM AVAILABLE IN THE LODGE LOWER LEVEL, ONLINE AT WWW.VETERANSOFLBS.COM OR CALL JIM THOMPSON 847-638- 1638



WANT TO JOIN THE PATRIOTS OF LBS? PATRIOT Membership Enrollment Form: Annual Fee: \$25.00

As a Veterans of LBS PATRIOT, I volunteer to work with the Veterans of LBS in your annual events, to promote your CORE VALUES: to foster patriotism, our flag, & promote appreciation and support of our country, US Veterans, their spouses & children.

Name: _____

Address: _____

Phone Number: _____

Email: _____

Name on badge: _____

Expires: _____

Medical alert: Clip is magnetic. Advise if wearing this is a health issue.

A 501(c)19 org

Questions: President Bill Bishop 847-708-76184 or Jim Thompson 847-638-1638

Veterans of LBS, P.O. Box 202, Barrington, IL 60010-0202



Veterans of LBS

SAVE THE DATE

8:15am Thursday September 11

9-11 Ceremony

Veterans Memorial Garden

11am Tuesday November 11

Veterans Day

Keynote Speaker Medal of Honor Allen
James Lynch US Army Specialist 4th
Class Vietnam War
The Lodge at the Shores

November-December

TOYS 4 TOTS

Toys donations drop-off boxes
Both Lodge Doors

The Veterans of LBS is a 501 (c)(19) organization. Your support is tax deductible. Veterans of LBS P.O. Box 202, Barrington, IL 60010-0202. www.veteransoflbs.com

Tips for Recovering at Home After a Hospitalization

Leaving the hospital is usually a relief, but going home doesn't mean the recovery process is over. In fact, the days and weeks following a hospital stay are often the most critical. Whether you are returning home after surgery, illness, or injury, the proper preparation and assistance can support a timely recovery and even help prevent rehospitalization.

Prepare Your Home if Possible

If you're going into the hospital for a planned procedure, you have time to prepare for recovery. "Ask your health care provider, nurses, or physical therapist about getting your home ready for your return," advises the National Institutes of Health (NIH). Your preparation may include:

Moving your bed, stocking up on recommended foods and beverages, and making sure your daily needs (phone, books, medications, etc.) are within easy reach.

Getting medical equipment, such as a hospital bed, raised toilet seat, walker, or shower stool.

Addressing anything that may be a safety or fall hazard, such as throw rugs, cords, and dim lighting.

"If your hospital stay was unplanned, have family or friends prepare your home for you," the NIH suggests.



Understand the Discharge Plan

Before leaving the hospital, you should receive a written discharge plan. This typically includes medication instructions, wound care guidance, physical activity recommendations, dietary guidelines, and follow-up appointments. Make sure you understand everything. Don't hesitate to ask questions before heading home. Having a friend or loved one review the plan with you can be helpful.

Medication Management Matters

Recovery often involves a complex medication schedule. One missed dose—or one dose too many—can derail progress or even lead to a trip back to the hospital. If your medications were changed during your hospital stay, be sure to set aside any outdated prescriptions at home (or dispose of them, if the doctor advises).

Right at Home caregivers can provide gentle medication reminders and alert families or care teams if a client is experiencing side effects or confusion.

Don't Skimp on Follow-Up Care

Many people don't realize how common it is to end up back in the hospital shortly after being discharged. Follow-up care is important—don't skip those post-hospital doctor visits. And follow any routines in your care plan, such as monitoring blood pressure or doing prescribed exercises.

Above all, keep an eye out for early warning signs of trouble, such as shortness of breath, swelling, confusion, or increasing pain. Quick action can prevent a small problem from becoming a serious setback.

Tend to Your Mental and Emotional Well - Being

Healing isn't just physical. After a hospital stay, people often feel tired, anxious, or even isolated—especially if they live alone. If your loved one was hospitalized, encourage them to talk about how they're feeling, and ask them if they want to work with a counselor or support group.

Having a compassionate Right at Home caregiver nearby offers reassurance, companionship, and consistency. Just having someone to talk to or share a meal with can lift spirits and speed recovery.

Don't Forget the Basics: Nutrition and Hydration

A body that's healing needs fuel. Nutritious meals and adequate hydration are essential during recovery, but it's not always easy to shop, cook, or remember to eat when you're not feeling your best. Right at Home caregivers can help with grocery runs, meal preparation, or encouraging healthy snacks and water throughout the day.

Stay in Touch With Health Care Providers

Finally, know when to reach out to your doctor. Any signs of infection, difficulty breathing, new or worsening pain, confusion, or unexpected symptoms should be taken seriously. Having a trusted point of contact—and knowing when to use it—can make all the difference.

Right at Home's Hospital-to-Home Program

Sometimes, the best path to healing involves a little extra help. That's why we developed our RightTransitions hospital-to-home care program. We help seniors and adults with disabilities get home safely and prevent further hospitalizations with regular visits by our trained caregivers. We're here to make living at home easier so you can save your energy for recovery. We also provide respite care so family or friends who are helping can take a much-needed break.

Learn more about RightTransitions on our website at www.rightathome.net/services/specialty-care/hospital-to-home, where you can also download helpful PDF documents, including a discharge checklist and tips for your hospital stay.

Recovering at home can be the start of getting life back on track. Right at Home is here to help from day one with compassionate, reliable care that helps people heal comfortably and safely at home.

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444 C Old Barn Road (Barrett)
330 A Island View (Amesbury)
2396 Oak Hill (The Augusta)
233 North Bay Ct (The Augusta)
190C Pine Crest Circle (Barrett III)
141C Shoreline (Braeburn)
519 Old Barn Rd (Kent)

UNDER CONTRACT:

196 Shoreline (Newport)
966 Shoreline (Cypress)
705 Shoreline (Mailibu)

NEW LISTING: 434 C Woodview (Bostwick)

PRIVATE: 535 Woodview Rd. (The Gardner)

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TRIVIA TRIVIA TRIVIA!!!!!! WE'VE BEEN SPONSORING OUR LBS TRIVIA FOR 8 YEARS NOW. FOR THOSE OF YOU WHO HAVE NOT ATTENDED TRIVIA NIGHT HERE ARE SOME "HOUSE" RELATED TRIVIA YOU MIGHT ENJOY!

E-MAIL US FOR ANSWERS AND MORE QUESTIONS

1. Which fictional character lives at 221B Baker Street?

- A) Harry Potter**
- B) Sherlock Holmes**
- C) Keir Stammer**

2. When was the term "housewarming" invented?

- A) Medieval**
- B) Renaissance**
- C) The Bronze Age**

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FROM 6:30 P.M. TO 8:30 P.M.

Free Admission

<u>Save the date:</u>	<u>Live Band Performance:</u>
Thursday, June 19th	Industrial Drive
Thursday, July 17th	Red Panda Band
Thursday, August 21st	Abby Kay Band

Lake Barrington Countryside Park District will be adding kid and adult friendly games this year!
Enjoy games like, Kan Jam, Giant Kerplunk, Giant Trash Can Pong, Inflatable Soccer Darts or others!

Bring your own:
Chairs, Blankets, Food and Beverages! Meet us at Freier Farm! We can't wait to see you there!

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This event is weather permitting.
Please follow the Village's website for updates.
www.lakebarrington.org



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11:00 - 3:00 PM
N. Pepper Rd., Lake Barrington

Food & Refreshments
Live Music
Local Shopping at
Unique Boutiques, Vintage and Resale Shops
Vendor Booths
Barnfest at All American Reclaim
Barrington Countryside Fire Dist. Open House

VENDORS WANTED
Artisans, Crafters, Unique Boutique, Vintage
Booth Space \$50
10x 10 space - must bring your own tent/tables/supplies

To Apply email: Communications@BarringtonChamber.com and include product photos
or call (847) 381-2525

BA BARRINGTON AREA CHAMBER OF COMMERCE **LAKE BARRINGTON**

For information visit BarringtonChamber.com

AUGUST 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
BR – Ballroom CLRM – Club Room CR – Conference Room EUL – Entire Upper Level					1 Water Aerobics 8am Zumba 9:30am BR Triple Play 9:30am CLRM Mat Pilates 10:30am BR Bridge 1pm CLRM Mah Jongg 1pm FSL	2 Tai Chi 8am BR <i>Private Event BR</i>
3 <i>Private Event FSL / CLRM</i> Sailing Race 1pm	4 Water Aerobics 8am Conservators 9am FP Pickle Ball 9am – 11am Mah Jongg (G) 9am BR Veterans 9:30am CR Bridge 10am CLRM Book Club 10am FSL CL Bridge 12:45pm FSL Pickle Ball 5:30pm – 8pm Architecture 7pm CLRM	5 Zumba 9:30am BR Hand & Foot 10am CLRM Men's Bridge 1pm CLRM Restorative Yoga 5pm BR	6 Water Aerobics 8am Mah Jongg (G) 9am FSL Pickle Ball 9am – 11am <i>AI Program / Viva Valet 10am BR</i> Needlepoint 1:30pm CLRM Hand & Foot 2pm FSL Chair Yoga 3:30pm BR Landscape 4:30pm CLRM Yoga Flow 5pm BR Pickle Ball 5:30pm – 8pm	7 Mah Jongg 9:30am CLRM Chair Yoga 9:30am BR Hand & Foot 2pm FSL Finance 6pm CLRM	8 Water Aerobics 8am Pickle Ball 9am – 11am Zumba 9:30am BR Triple Play 9:30am CLRM Mat Pilates 10:30am BR Morning Glories 12:30pm FSL Bridge 1pm CLRM Mah Jongg 1pm BR Pickle Ball 5:30pm – 8pm <i>Concert in the Park</i> 6:00pm Marina Lawn	9 Tai Chi 8am FS Master Board Work Session 9am CLRM <i>Private Event EUL</i>
10	11 Water Aerobics 8am Conservators 9am FP Pickle Ball 9am – 11am Mah Jongg (G) 9am FSL Veterans 9:30am CR Bridge 10am CLRM CL Bridge 12:45pm FSL Social Club 5:30pm BR Pickle Ball 5:30pm – 8pm Condo 1 7pm FSL Condo 7 7pm CLRM	12 Zumba 9:30am BR Hand & Foot 10am CLRM Dominoes 1pm FSL Men's Bridge 1pm CLRM Restorative Yoga 5pm BR	13 Water Aerobics 8am Mah Jongg (G) 9am FSL Pickle Ball 9am – 11am Gardeners of the Shores / Blue Stem Program 10am BR Hand & Foot 2pm FSL Chair Yoga 3:30pm FS Yoga Flow 5pm FS Pickle Ball 5:30pm – 8pm Novels at Night 6pm CLRM Master Board 7pm BR	14 Mah Jongg 9:30am CLRM Chair Yoga 9:30am BR Mah Jongg Class 1pm CLRM Hand & Foot 2pm FSL	15 Water Aerobics 8am Pickle Ball 9am – 11am Zumba 9:30am BR Triple Play 9:30am CLRM Mat Pilates 10:30am BR Bridge 1pm CLRM Mah Jongg 1pm FSL Pickle Ball 5:30pm – 8pm <i>Private Event Set-Up BR</i>	16 Tai Chi 8am BR <i>Private Event EUL</i>
17 <i>Private Event FSL / CLRM</i> Sailing Race 1pm	18 Water Aerobics 8am Conservators 9am FP Pickle Ball 9am – 11am Mah Jongg (G) 9am FSL Veterans 9:30am CR CL Bridge 12:45pm FSL Pickle Ball 5:30pm – 8pm Rules & Regs 6pm CLRM Condo 9 6pm BR Condo 13 7pm FSL	19 Zumba 9:30am BR Hand & Foot 10am CLRM MUMS Bridge 11am FSL Men's Bridge 1pm CLRM Restorative Yoga 5pm BR Condo 3 7pm FSL Condo 5 7pm BR Condo 11 7pm CLRM	20 Water Aerobics 8am Mah Jongg (G) 9am FSL Pickle Ball 9am – 11am Bird & Butterfly Club 10am CLRM Needlepoint 1:30pm CLRM Hand & Foot 2pm FSL Chair Yoga 3:30pm BR Yoga Flow 5pm BR Social & Sports 5pm CLRM Pickle Ball 5:30pm – 8pm Community Affairs 6:30pm CR Condo 8 7pm CLRM	21 Mah Jongg 9:30am CLRM Chair Yoga 9:30am BR Mah Jongg Class 1pm CLRM Hand & Foot 2pm FSL Lake & Ponds 5pm CLRM Finance 6pm FSL	22 Water Aerobics 8am Pickle Ball 9am – 11am Zumba 9:30am BR Triple Play 9:30am FSL Mat Pilates 10:30am BR Bridge 1pm CLRM Mah Jongg 1pm FSL Pickle Ball 5:30pm – 8pm <i>Private Event Set-Up BR</i>	23 Tai Chi 8am BR <i>Private Event BR</i>
24	25 Water Aerobics 8am Conservators 9am FP Pickle Ball 9am – 11am Mah Jongg (G) 9am FSL Veterans 9:30am CR CL Bridge 12:45pm FSL Condo 2 7pm CLRM	26 Zumba 9:30am BR Hand & Foot 10am CLRM Men's Bridge 1pm CLRM Restorative Yoga 5pm BR Insurance 5:30pm CR Condo 4 7pm CR Condo 6 7pm CLRM	27 Water Aerobics 8am Mah Jongg (G) 9am FSL Pickle Ball 9am – 11am Bridge 10am CLRM Hand & Foot 2pm FSL Chair Yoga 3:30pm BR Public Works 4pm CLRM Yoga Flow 5pm BR	28 Mah Jongg 9:30am CLRM Chair Yoga 9:30am BR Mah Jongg Class 1pm CLRM Hand & Foot 2pm FSL	29 Water Aerobics 8am Pickle Ball 9am – 11am Zumba 9:30am BR Triple Play 9:30am FSL Mat Pilates 10:30am BR Bridge 1pm CLRM Mah Jongg 1pm FSL Pickle Ball 5:30pm – 8pm	30 Tai Chi 8am BR <i>Private Event EUL</i>
31 Sailing Race 1pm						